WALKING IN FREEDOM & HELPING OTHERS

Finding Trustworthy Pastoral Support

Seek spiritual care that joins biblical truth, holy character, and the power of the Holy Spirit. Find shepherds and mature believers who will lead you toward Jesus Christ and stand with you in prayer, deliverance, and discipleship.

Scripture study: KJV | Original teaching and prayer | Prepared with AI assistance

Go to the prayer • Brief prayer • Read online

Biblical foundation

1 Peter 5:1-11 - Peter calls elders to shepherd willingly and lead by example under Christ, then calls believers to humility and steadfast resistance to the devil. Faithful leadership strengthens a church’s spiritual stand.

1 Timothy 3:1-13 - Paul places character, faithful conduct, sound judgment, and ability to teach at the center of church leadership. Spiritual responsibility requires a life that supports the message.

Acts 17:10-12 - The Bereans welcome the message and examine Scripture to test it. Eager faith and careful attention to the Word belong together.

Matthew 7:15-23 - Jesus calls His hearers to recognize false prophets by their fruit and emphasizes obedience to the Father. Religious claims must be considered alongside the life producing them.

James 3:13-18 - God’s wisdom is shown through humility, purity, peace, mercy, and sincerity. The conduct of a spiritual helper should bear this fruit.

1 Corinthians 12:4-11 - The Holy Spirit distributes spiritual gifts, including healing and discernment, for the good of the body. The gifts are God’s work and serve His people.

Original teaching

Seek shepherds who bring you to Jesus

A faithful pastor directs your faith toward the Lord Jesus Christ and opens Scripture with you. The Gospel remains central: repentance, forgiveness, new life, and obedience through the power of the Holy Spirit. Look for people who pray with expectation and help you respond to God’s Word. Their care should strengthen your devotion to Christ, deepen your understanding, and equip you to walk in freedom as a responsible disciple.

Look for spiritual power joined to holy fruit

Torch of Christ believes the Holy Spirit still heals, delivers, and distributes gifts to the church. Seek a community that welcomes His work and tests spiritual expression by Scripture. Alongside faith and gifting, consider the fruit of the people offering care. Humility, truthfulness, self-control, love, and faithfulness give substance to spiritual leadership. A person who walks with God can speak firmly while serving tenderly. Power and character should bear witness to the same Lord.

Receive help within faithful accountability

Christ gives shepherds to strengthen His people. Welcome sound correction and let mature believers help you confront sin and stand against spiritual opposition. Ask how the church oversees prayer ministry and how its leaders remain accountable. You can bring honest questions and expect a biblical answer. Trustworthy care honors your dignity and conscience before God. When you have experienced spiritual manipulation, seek people whose authority is expressed through service, truth, and a willingness to answer responsibly.

Come ready to pursue Christ

Approach a Bible-believing church with a clear request: you want prayer, biblical understanding, and help following Jesus faithfully. Share what is needed to address the real issue. Bring a mature believer with you if that will strengthen the conversation. Ask for a time to pray and a plan for continuing discipleship. Come willing to repent, receive truth, and act upon it. A healthy relationship with spiritual leaders develops through shared faith, prayer, honest counsel, and consistent life together.

Preparation for prayer

• Where do you see Scripture, prayer, holy character, and the Holy Spirit’s work together?

• What truth or correction are you willing to receive as you seek help?

• What specific prayer and discipleship support will you ask a mature believer or pastor to provide?

A complete prayer

Pray in faith, trusting Jesus Christ and the authority of His Word.

Lord Jesus Christ, You are the faithful Shepherd and the Savior of my soul. I ask You to lead me among people who know Your voice through Scripture and live under Your lordship. Place me within a church where truth is proclaimed, prayer rises in faith, and the Holy Spirit is welcomed in power. Give me a heart ready to receive what is from You.

Father, strengthen pastors and mature believers who serve Your people. Clothe them with humility, holiness, and spiritual courage. Give them discernment to recognize the enemy’s work and wisdom to lead people into freedom. Let their teaching be faithful to

Scripture and their conduct honor the Gospel. Raise shepherds who will pray, confront sin, protect the vulnerable, and care for the flock with love.

Give me discernment as I seek help. Help me recognize sincere faith, righteous fruit, and faithful accountability. Keep me from being drawn merely by impressive words or personalities. Where spiritual manipulation has wounded me, bring truth and restoration. Free me from bitterness while strengthening my resolve to follow Jesus above every human demand. Lead me toward people who serve under Your authority.

Holy Spirit, make me teachable and courageous. Where I need correction, help me receive it. Where I need deliverance, lead me into prayer filled with faith in Christ. Where I need to confess sin, give me honesty and repentance. Let me come seeking transformation rather than only relief. Strengthen my willingness to obey the Word You bring before me.

Father, establish relationships in which we can speak truth, pray with power, and help one another persevere. Teach me to honor faithful shepherding and take responsibility for the life You have given me. Make me someone who also strengthens others. Let the help I receive deepen my devotion to Jesus and my usefulness in His kingdom. In the name of Jesus Christ, amen.

A brief prayer

Lord Jesus, lead me toward faithful shepherds and mature believers who honor Your Word and welcome the Holy Spirit’s power. Give me discernment to recognize holy fruit and humility to receive sound correction. Where I need freedom, repentance, and restoration, bring me into truthful prayer and loving care. Strengthen the leaders who serve Your people. Establish me in fellowship that deepens my devotion to You and equips me to help others follow You. Amen.

Walk in freedom

• Identify a Bible-believing church whose stated convictions and visible life honor Jesus Christ and Scripture.

• Ask for prayer and spiritual counsel concerning the specific issue you want to bring before the Lord.

• Look for faith, holiness, humility, and accountability in those offering spiritual care.

• Commit yourself to continuing fellowship, willing obedience, and service as you receive mature spiritual support.

Continue in the library

Understanding Prayer and Spiritual Authority • Freedom from Manipulation and Spiritual Control • Continuing in Discipleship and Freedom • Praying with Others in Jesus’ Name