UNGODLY SOUL TIES & RELATIONSHIPS

Repentance and Restoration After Sexual Sin

Repent of sexual sin and rise in the cleansing mercy of Jesus Christ. Pray for deliverance, renounce impurity and secrecy, and consecrate your body and desires to a life of holiness through the Holy Spirit.

Scripture study: KJV | Original teaching and prayer | Prepared with AI assistance

Go to the prayer • Brief prayer • Read online

Biblical foundation

1 Corinthians 6:9-20 - Paul names serious sins, recalls the cleansing believers have received, and commands them to honor God with their bodies. Grace brings a changed life under Christ's lordship.

1 Thessalonians 4:1-8 - God calls His people to holiness, sexual self-control, and conduct that honors others. His gift of the Holy Spirit empowers a life set apart for Him.

Psalm 51:1-17 - David brings grave personal sin before God, asking for mercy, cleansing, and inner renewal. A contrite heart becomes the place of honest repentance.

1 John 1:5-10 - God calls His people to walk in the light, confess their sins, and receive cleansing by the blood of Jesus. Truthful fellowship with Him includes changed conduct.

Romans 6:11-14 - Believers are called to yield their bodies to God and refuse the reign of sin. Union with Christ establishes a new life of obedience under grace.

Original teaching

Come before God with a repentant heart

Jesus Christ calls you out of sexual sin into holiness. Bring your conduct into the light: pornography, adultery, sexual activity outside marriage, exploitation, and the secrecy that protects them. Confess your willing choices plainly. Turn from the sin and place your trust in the Savior who shed His blood for cleansing and rose in victory.

The mercy of God reaches the person who comes honestly before Him. Receive that mercy with a heart ready to obey. Let shame give way to confession, and let confession lead into a changed life. The Holy Spirit empowers purity and self-control. Your body can become a place where the lordship of Jesus is honored openly.

Renounce impurity and resist its power

Sexual sin often grows through deliberate provision: secret communication, repeated viewing, unguarded access, and promises to change while protecting the opportunity to return. Renounce the sin and remove those provisions. Bring hidden conduct before a trustworthy believer who can pray with you and hold you accountable in truth.

Ask Jesus for deliverance from spiritual oppression connected to your former conduct. Resist the enemy's lies and command demonic influence to leave in His name. Yield your desires to

the Holy Spirit. Pray with conviction, and choose practical obedience when temptation presents an opening. Grace strengthens the stand you take against sin.

Let restoration produce integrity

If your choices harmed someone, accept responsibility and stop the harm. Honor that person's boundaries and seek wise guidance about honest repair. Repentance becomes visible through truth, patience, and changed conduct. Let the Lord form integrity deeper than the desire to recover your reputation.

Sexual abuse, assault, and coercion suffered are wrongs committed against you. Bring those wounds to Jesus for healing without accepting another person's guilt. Within every circumstance, pursue the truth, holiness, and dignity God gives. Grow in Scripture, worship, and fellowship with believers who will help you walk in the freedom of Christ.

Preparation for prayer

Prepare for deliverance

Begin with surrender to Jesus Christ, repentance, forgiveness, and a decisive break with ungodly allegiances. Use the preparation guide and personal renunciation prompts, then pray specifically about the matter before you.

Preparing for Deliverance in Jesus' Name

Personal Renunciation Guide: Beliefs, Practices & Allegiances

• Privately name the sexual sin you willingly chose, such as pornography, adultery, sexual messages, exploitation, or sexual activity outside marriage.

• Identify the account, contact, secrecy, habit, or arrangement that keeps supplying it.

• Bring people to forgiveness and name any sinful vow, relationship allegiance, or known occult agreement you personally accepted.

• Prepare to renounce the sin specifically and act on repentance; use the two preparation guides.

A complete prayer

Pray in faith, trusting Jesus Christ and the authority of His Word.

Holy Father, I come through Jesus Christ, who died for my sins and rose from the dead. I trust His saving work and acknowledge Him as Lord. I belong to Him. Have mercy on me as I bring my own willing choices into Your light. Forgive my sin and cleanse my heart by the blood of Jesus.

I confess the sexual wrongdoing that is truly mine. Where these formed part of my conduct, I renounce pornography, sexual messages, adultery, sexual activity outside marriage, exploitation, and the deliberate pursuit of lust. I reject the secrecy, deception, and excuses that protected those choices. I withdraw my consent to impurity and surrender my body, imagination, desires, and relationships to Jesus Christ.

I renounce the vows and loyalties through which I agreed to remain in sexual sin. I reject promises to hide wrongdoing, maintain secret contact, or preserve pleasure at

another person's expense. Give me courage to end the accounts, messages, meetings, and private habits that keep supplying the sin. Where I have harmed someone, lead me into truth, responsibility, and genuine repentance.

I choose to forgive those who enticed, betrayed, exploited, or harmed me, entrusting them to Your justice and mercy. Where I suffered abuse, restore my dignity and strengthen me to stand in truth. I reject every known occult allegiance in my family and every curse connected with it. Where I personally accepted or continued those practices, I repent and renounce my participation. I release sinful attachments and unholy loyalties that draw me back into darkness.

In the name of Jesus Christ, every demonic power exploiting the sexual sin and agreements I have renounced: I command you to leave me. I reject temptation, accusation, and the demand to return. Jesus Christ has authority over you. I submit myself to Him and yield my body to righteous service.

Holy Spirit, fill me with Your presence and strengthen purity and self-control. Teach me to answer temptation with obedience and to receive faithful accountability. Establish honesty in my speech, holiness in my desires, and love in the way I treat others. Let Scripture renew my thoughts and let the mercy of Jesus become visible in changed conduct. I consecrate my life to the living God. In Jesus' mighty name, amen.

A brief prayer

Father, through Jesus' death and resurrection, I belong to You. Forgive the sexual sin I willingly chose. I renounce pornography, sexual wrongdoing, secrecy, and sinful vows wherever they were part of my conduct. I forgive those who harmed me and reject known family occult allegiances and curses, and renounce unholy loyalties I accepted. In Jesus' name, I command powers exploiting that bondage to leave. Holy Spirit, fill me with purity, self-control, and strength to obey. Amen.

Walk in freedom

• End the sinful activity and remove the access that supports it.

• Bring hidden conduct into the light with a trustworthy believer who can pray and provide accountability.

• Honor the dignity and boundaries of people affected and accept responsibility for your actions.

• Read Romans 6 and 1 Thessalonians 4, and practice a clear response of obedience when temptation comes.

Continue in the library

Preparing for Deliverance in Jesus’ Name • Personal Renunciation Guide: Beliefs, Practices & Allegiances • Receiving God’s Forgiveness and Leaving Shame • Resisting Temptation and Recurring Sin